



# 2024 National Conference PRELIMINARY EDUCATIONAL PROGRAM

## Tuesday, November 19, 2024

Start	End	Presentation	Speakers
8:00 AM	12:00 PM	Suicide Prevention and Intervention	Yvonne Bergmans, PhD, MSW, RSW
8:00 AM	12:00 PM	Preparing for CNA Certification - Psychiatric Mental Health Nursing	Aideen Carroll, MA, BScN, RN, CPMHN(C)
12:00 PM	1:00 PM	Lunch Break - on your own	
1:00 PM	3:00 PM	MAiD and Mental Illness Discussion	Locky Butcher, BA, MA, PhD(c); Willi Kirenko, MN, NP-PHC, NP-Adult; Sherry Moran, BA, MA, LLB; Health Canada Representative
3:15 PM	4:45 PM	Concept of Substance Use Health	Gord Garner; Kim Corace, PhD, C.Psych
7:00 PM	9:00 PM	Welcome Registration Event & Grand Opening of Exhibit Hall	

## Wednesday, November 20, 2024

Start	End	Presentation	Speakers
8:00 AM	8:45 AM	Registration and Exhibits	
8:50 AM	9:00 AM	Opening Ceremonies	Cindy Peternelj-Taylor, MSc, HBScN, RN, DF-IAFN; Don Leidl, EdD, MN, BSN, RN
9:00 AM	10:00 AM	Optimization of Nursing Leadership in Mental Health and the Toxic Drug Crisis	Leigh Chapman, PhD, RN, Chief Nursing Officer of Canada
10:00 AM	11:00 AM	A Powerful Nursing Future Awaits	Siobhan Bell, PhD, RN
11:00 AM	12:00 PM	Exhibit Break and Poster Session	
12:00 PM	1:00 PM	Sponsored Lunch	
1:00 PM	2:00 PM	Empowering Mental Health Nurses: Leadership Strategies for Professional Growth While Balancing Self-Care	Dionne Sinclair, MScN, MCHN, RN, CHE
Concurrent Sessions			
2:10 PM	2:40 PM	Quebec Nursing Policy	Elizabeth Arpin, MSc., RN aut.
2:10 PM	2:40 PM	Exploring the Person-Centred Care Practice Patterns of Mental Health Nurses: A Concurrent Mixed Methods Study	Chantille Isler, PhD, MN, BN, RN
2:10 PM	2:40 PM	Innovations in Practice Support & Education - Evenings, Weekends, Holidays	Alfredo Ramirez, MScN, BScN, RN
2:10 PM	2:40 PM	Enhancing Pediatric Care in Canada: Integrating UK Safty Pods for Restraint Reduction and Trauma-Informed Practice	Sarah Giroux, BN, RN, CPMHN(c); Roxanna Sheppard BScN, RN, CHE, MCert, CPMHN(c)
2:40 PM	3:10 PM	Exhibit Break and Poster Session	
Concurrent Sessions			
3:15 PM	3:45 PM	Strengths, Challenges and Knowledges of Mental Health Nurses with Lived Experiences of Adverse Childhood Experiences	Chantell McKay, MPN, BScPN, RPN



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3:15 PM	3:45 PM	Exposure to Violence and Trauma in Psychiatric Care Settings: Mental Health Nurses' Perceptions of their Foundational Education Preparedness	Kayla Webb, MN, BPN, RPN
3:15 PM	3:45 PM	Peoples' Experience of Jurdicialization in Hospital Settings: A Means to Improve Nursing Practice	Myriam Cader, MA, RN
3:15 PM	3:45 PM	Facteurs facilitants et contraignants de la création du lien de confiance : une analyse de l'expérience d'infirmières de psychiatrie légale donnant des soins en contexte de coercitio	Stephanie Potcoava, MScN(c), BScN, RN
3:45 PM	4:45 PM	Mobile Crisis Intervention Teams: Where Mental Health Nursing and Policing Meet	Melissa Mosneau, BScN, RN; Police Officer
4:45 PM	6:00 PM	Exhibit Break and Poster Session	

## Thursday, November 21, 2024

Start	End	Presentation	Speakers
8:00 AM	8:45 AM	Registration and Exhibits	
Workshops			
9:00 AM	11:00 AM	Writing It Right: How to Become a Published Author	Cindy Peternelj-Taylor, MSc, HBScN, RN, DF-IAFN
9:00 AM	11:00 AM	Creating Space: Innovative Responses to Health-care Provider Education to Address the Effects of the Toxic Drug Supply	Sabrina Merali, MN, RN
9:00 AM	11:00 AM	Harm Reduction is Co-learning: Developing Nursing Practice by Engaging in Reflective Discourse	Michelle Danda, PhD RN CPMHN(C); Sheryl Zentner, MHLRP RPN
9:00 AM	11:00 AM	Increasing Support Access for People Who Use Drugs	Kasia Zurawski, BScN, RN, CPMHN(C); Alice Maguire, MSW, RSW; Alaina Klassen, BScN, RN
11:00 AM	12:00 PM	Exhibit Break and Poster Session	
12:00 PM	1:00 PM	Sponsored Lunch	
1:00 PM	2:00 PM	CPR RACISM: A Guide for Health Care Providers to Address Racism in Health Care	Holly Graham, PhD, RD Psychologist, MN, BScN, BA, RN
Concurrent Sessions			
2:10 PM	2:40 PM	A Journey of Reconciliation. Pioneering a transformative shift in nursing practice through a culturally safe lens	nêhiyaw kéhtê, kihci tēpakohp iskotêw iskwêw (Cree Elder, Emily Henry); Cynthia Russell, MN, RN, CPMHN(C)
2:10 PM	2:40 PM	Nurses' Experiences of Using Coercion in Psychiatric Settings: A Comparative Qualitative Research Study	Etienne Paradis-Gagne, PhD
2:10 PM	2:40 PM	Exploring Nova Scotian Psychiatric Mental Health Nurses' Scope of Practice: An Environmental Scan	Josephine Muxlow MSc, RN, CPMHN(C), FCAN, CFMHN Board Director
2:10 PM	2:40 PM	Climate Change Impacts on Mental Illness as a Social Determinant of Health	Michelle Buda, BAH, BScN, RN
2:40 PM	3:10 PM	Exhibit Break and Poster Session	



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Start	End	Presentation	Speakers
Concurrent Sessions			
3:15 PM	3:45 PM	Enhancing Youth Mental Health Programs: Integrating Evidence-Based, Peer-Led Implementation and Human-Centered Design	Sabrina Merali, MN, RN
3:15 PM	3:45 PM	Clearing Your Path with Horses: Equine Assisted Learning	Sarah Flogen, PhD, MEd, BScN, RN
3:15 PM	3:45 PM	Interventions to Minimize the Duration of Restraint Events	Satinder Kaur, PhD, MEd, RN
3:15 PM	3:45 PM	Empowering Nursing Practice: A Nursing Led Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Service in the Lower Mainland, BC	Michelle Danda, PhD, RN, CPMHN(C); Jodie McFarlane, RN BSN; Jennifer Wong, RN MSN; Sheryl Zentner, RPN MHLP
4:00 PM	5:00 PM	CFMHN Annual General Meeting	
5:00 PM	7:00 PM	Networking Event	

## Friday, November 22, 2024

Start	End	Presentation	Speakers
8:00 AM	9:00 AM	Registration	
Concurrent Sessions			
9:00 AM	9:30 AM	How adolescents and young adults with mental health diagnoses utilize critical digital literacy skills when consuming mental health information on TikTok: A scoping review	Lea Slongo, MEd, BScN, HBSW, HBA, RN, RSW (inactive class)
9:00 AM	9:30 AM	Highlights of the New Accreditation Canada Mental Health and Addiction Accreditation Standards (2023)	Colleen MacPhee-Newell, MHA, BScN, RN
9:00 AM	9:30 AM	Short-stay medical transition beds: for mental health patients with active medical issues	Samantha Greenberg; BScN, RN Lawna Brotherston, MN, NP, PMP
9:00 AM	9:30 AM	Exploring Health and Wellness Strategies for Individuals with Serious Mental Illness: Results of the Qualitative Phase of a Mixed Methods Study (IAMWISE Study)	Joy Maddigan, PhD, MN, BN, RN
Concurrent Sessions			
9:40 AM	10:10 AM	Nursing Role in Child and Adolescent Outpatient Psychiatry: Perspectives of Nurses Working in This Practice Environment	Imane Hani, BScN, RN
9:40 AM	10:10 AM	Immersive Virtual Reality and the Future of Mental Health Nursing Education	Don Leidl, EdD, MN, BScN, RN
9:40 AM	10:10 AM	Cultivating a New Horizon of the Clinical Nurse Specialist Role within the Context of Mental Health and Addictions Healthcare Programs	Carrie Bullard, PhD, RN, CPMHN(C)
9:40 AM	10:10 AM	Enhancing Patient Safety Through Safety Huddles: A Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Services	Michelle Danda, PhD, RN, CPMHN(C); Jodie McFarlane, RN BSN; Jennifer Wong, RN MSN; Sheryl Zentner, RPN MHLP
10:10 AM	10:30 AM	Health Break	
10:30 AM	11:30 AM	Psychiatric Mental Health Nursing: The Past, Current, and Future Directions	Josephine Muxlow MSc, RN, CPMHN(C), FCAN, CFMHN Board Director