



2024 National Conference EDUCATIONAL PROGRAM

Tuesday, November 19, 2024

Start	End	Presentation	Speakers	Room	
7:00AM	8:00AM	Registration & Coffee			
8:00AM	12:00PM	Suicide Prevention and Intervention	Yvonne Bergmans, PhD, MSW, RSW	Suzor-Coté	
8:00AM	12:00PM	Preparing for CNA Certification - Psychiatric Mental Health Nursing	Aideen Carroll, MA, BScN, RN, CPMHN(C)	Julien-Gagnon Walker	
12:00PM	1:00PM	Lunch Provided			
1:00PM	3:00PM	MAiD and Mental Illness Discussion	Locky Butcher, BA, MA, PhD(c); Willi Kirenko, MN, NP-PHC, NP-Adult; Sherry Moran, BA, MA, LLB; Karen Kusch, Health Canada	Mozart	
3:00PM	3:15PM	Health Break			
3:15PM	4:45PM	Substance Use Health: A Framework for Dismantling Systemic Stigma in the Healthcare Sector	Brianne Peters, MA; Shawn Fisk	Mozart	
5:00PM	7:00PM	Welcome Event and Grand Opening of Exhibit Hall			Beethoven

Wednesday, November 20, 2024

7:00AM	8:30AM	Registration, Exhibits, and Poster Session		Beethoven	
8:45AM	9:15AM	Opening Ceremonies	Don Leidl, EdD, MN, BSN, RN; Cindy Peternelj-Taylor, MSc, HBScN, RN, DF-IAFN; Elder Grandmother Louella; Kimberly LeBlanc, PhD, RN, NSWOC, WOCC(C), FCAN, CNA President	Mozart	
9:15AM	10:15AM	Optimization of Nursing Leadership in Mental Health and the Toxic Drug Crisis	Leigh Chapman, PhD, RN, Chief Nursing Officer of Canada	Mozart	
10:15AM	11:00AM	Exhibit Hall and Poster Session		Coffee Sponsored by Bayshore Personnel Beethoven	
11:00AM	12:00PM	Mental Health Nursing: A Powerful Nursing Future Awaits	Siobhan Bell, DNP, MN, BScN, RN	Mozart	
12:00PM	1:00PM	"Lunch and Learn" Sponsored by CAMH			Mozart
1:00PM	2:00PM	Empowering Mental Health Nurses: Leadership Strategies for Professional Growth While Balancing Self-Care	Dionne Sinclair, MScN, MCHN, RN, CHE	Mozart	
Concurrent Sessions					
2:10PM	2:40PM	Exploring the Person-Centred Care Practice Patterns of Mental Health Nurses: A Concurrent Mixed Methods Study	Chantille Isler, PhD, MN, BN, RN	Mozart	
2:10PM	2:40PM	Innovations in Practice Support and Education - Evenings, Weekends, Holidays	Alfredo Ramirez, MScN, BScN, RN	Suzor-Coté	
2:10PM	2:40PM	Enhancing Pediatric Care in Canada: Integrating UK Safety Pods for Restraint Reduction and Trauma-Informed Practice	Sarah Giroux, BN, RN, CPMHN(c); Roxanna Sheppard BScN, RN, CHE, MCert, CPMHN(c)	Delfosse	
2:40PM	3:30PM	Exhibit Break and Poster Session		Beethoven	



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Concurrent Sessions				
3:30PM	4:00PM	Strengths, Challenges and Knowledges of Mental Health Nurses with Lived Experiences of Adverse Childhood Experiences	Chantell McKay, MPN, BScPN, RPN	Delfosse
3:30PM	4:00PM	Exposure to Violence and Trauma in Psychiatric Care Settings: Mental Health Nurses' Perceptions of their Foundational Education Preparedness	Kayla Webb, MN, BPN, RPN	Mozart
3:30PM	4:00PM	Peoples' Experience of Judicialization in Hospital Settings: A Means to Improve Nursing Practice	Myriam Cader, MA, RN	Julien-Gagnon Walker
3:30PM	4:00PM	Facteurs facilitants et contraignants de la création du lien de confiance : une analyse de l'expérience d'infirmières de psychiatrie légale donnant des soins en contexte de coercition	Stephanie Potcoava, MScN(c), BScN, RN	Mozart
4:00PM	4:15PM	Remarks by Hon. Ya'ara Saks, Minister of Mental Health and Addictions and Associate Minister of Health	Hon. Ya'ara Saks, Minister of Mental Health and Addictions and Associate Minister of Health	Mozart

Thursday, November 21, 2024

4:15PM		Evening in Ottawa-Gatineau - on your own		
8:00AM	8:45AM	Registration, Exhibits, and Poster Session		Beethoven
Workshops				
9:00AM	11:00AM	Writing It Right: How to Become a Published Author	Cindy Peternelj-Taylor, MSc, HBScN, RN, DF-IAFN	Suzor-Coté
9:00AM	11:00AM	Creating Space: Innovative Responses to Healthcare Provider Education to Address the Effects of the Toxic Drug Supply	Sabrina Merali, MN, RN	Delfosse
9:00AM	11:00AM	Harm Reduction is Co-learning: Developing Nursing Practice by Engaging in Reflective Discourse	Michelle Danda, PhD, RN, CPMHN(C); Sheryl Zentner, MHLP, RPN	Mozart
9:00AM	11:00AM	Increasing Support Access for People Who Use Drugs	Kasia Zurawski, BScN, RN, CPMHN(C); Alice Maguire, MSW, RSW; Alaina Klassen, BScN, RN	Julien-Gagnon Walker
11:00AM	12:00PM	Exhibit Break and Poster Session		Beethoven
12:00PM	1:00PM	Lunch and Networking		Foyer
1:00PM	2:00PM	CPR RACISM: A Guide for Health Care Providers to Address Racism in Health Care	Holly Graham, PhD, RD Psychologist, MN, BScN, BA, RN	Mozart
Concurrent Sessions				
2:10PM	2:40PM	Tools to be Successful in Accreditation Canada's Recovery Expectations	Vicki Huehn, CEO, Psychosocial Rehabilitation Canada	Mozart
2:10PM	2:40PM	Nurses' Experiences of Using Coercion in Psychiatric Settings: A Comparative Qualitative Research Study	Etienne Paradis-Gagne, PhD	Suzor-Coté
2:10PM	2:40PM	Exploring Nova Scotian Psychiatric Mental Health Nurses' Scope of Practice: An Environmental Scan	Josephine Muxlow MSc, RN, CPMHN(C), FCAN; Sandra Murphy MScN, RN, PMH-C, CPMHN(C)	Julien-Gagnon Walker
2:10PM	2:40PM	Climate Change Impacts on Mental Illness as a Social Determinant of Health	Michelle Buda, BAH, BScN, RN	Delfosse
2:40PM	3:10PM	Exhibit Break and Poster Session		Beethoven



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Concurrent Sessions				
3:15PM	3:45PM	Enhancing Youth Mental Health Programs: Integrating Evidence-Based, Peer-Led Implementation and Human-Centered Design	Sabrina Merali, MN, RN	Delfosse
3:15PM	3:45PM	Clearing Your Path with Horses: Equine Assisted Learning	Sarah Flogen, PhD, MEd, BScN, RN	Suzor-Coté
3:15PM	3:45PM	Interventions to Minimize the Duration of Restraint Events	Satinder Kaur, PhD, MEd, RN	Julien-Gagnon Walker
3:15PM	3:45PM	Empowering Nursing Practice: A Nursing Led Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Service in the Lower Mainland, BC	Michelle Danda, PhD, RN, CPMHN(C); Jodie McFarlane, RN BSN; Jennifer Wong, RN MSN; Sheryl Zentner, RPN MHLF	Mozart
4:00PM	5:00PM	CFMHN Annual General Meeting		Mozart
5:00PM	7:00PM	Networking Event		Mozart

Friday, November 22, 2024

8:00AM	9:00AM	Registration		Foyer
Concurrent Sessions				
9:00AM	9:30AM	Nursing Role in Child and Adolescent Outpatient Psychiatry: Perspectives of Nurses Working in This Practice Environment	Imane Hani, BScN, RN	Mozart
9:00AM	9:30AM	Highlights of the New Accreditation Canada Mental Health and Addiction Accreditation Standards (2023)	Colleen MacPhee-Newell, MHA, BScN, RN	Julien-Gagnon Walker
9:00AM	9:30AM	Short-Stay Medical Transition Beds for Mental Health Patients with Active Medical Issues	Samantha Greenberg; BScN, RN Lawna Brotherston, MN, NP, PMP	Suzor-Coté
9:00AM	9:30AM	Exploring Health and Wellness Strategies for Individuals with Serious Mental Illness: Results of the Qualitative Phase of a Mixed Methods Study (IAMWISE Study)	Joy Maddigan, PhD, MN, BN, RN	Delfosse
Concurrent Sessions				
9:40AM	10:10AM	How Adolescents and Young Adults with Mental Health Diagnoses Utilize Critical Digital Literacy Skills When Consuming Mental Health Information on TikTok: A Scoping Review	Lea Slongo, MEd, BScN, HBSW, HBA, RN, RSW (inactive class)	Delfosse
9:40AM	10:10AM	Immersive Virtual Reality and the Future of Mental Health Nursing Education	Don Leidl, EdD, MN, BScN, RN	Suzor-Coté
9:40AM	10:10AM	Cultivating a New Horizon of the Clinical Nurse Specialist Role within the Context of Mental Health and Addictions Healthcare Programs	Carrie Bullard, PhD, RN, CPMHN(C)	Julien-Gagnon Walker
9:40AM	10:10AM	Enhancing Patient Safety Through Safety Huddles: A Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Services	Michelle Danda, PhD, RN, CPMHN(C); Jodie McFarlane, RN BSN; Jennifer Wong, RN MSN; Sheryl Zentner, RPN MHLF	Mozart
10:10AM	10:30AM	Health Break		
10:30AM	11:30AM	Psychiatric Mental Health Nursing: The Past, Current, and Future Directions	Josephine Muxlow MSc, RN, CPMHN(C), FCAN, CFMHN Board Director	Mozart
11:30AM	12:00PM	Poster Awards and Closing Ceremonies	Don Leidl, EdD, MN, BSN, RN; Cindy Peternelj-Taylor, MSc, HBSN, RN, DF-IAFN	Mozart



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POSTER PRESENTATION TOPICS & PRESENTERS

1. A Current State Analysis of Psychiatric Intensive Care Unit Admissions and Transfers in a Psychiatric Teaching Hospital - Abrehet Woldeyohannes RN, BScN, BSc
2. Addressing Complex Mental Health and Substance Use in Atlantic Canada Through an injectable Opiate Agonist Therapy (iOAT) Program - Michelle Pittman NO, MN
3. Beyond Burnout: A Multidimensional Framework of the Impacts of COVID-19 on Acute Care Nurses in Canada - Kelly Penz PhD, RN, Janelle Schentag, MN, RN, Helen Vandenberg, PhD, RN
4. Canadian Guidelines for the Assessment and Treatment of Anxiety in Older Adults - Andrea Iaboni, MD, DPhil, FRCPC
5. Celebrating Diversity, Equity, Inclusivity and Belonging at Psychiatric Hospital in Downtown Toronto - Paul Ryan Monje, RN, BScN, CPMHN(C)
6. Empowering Nurses to Engage, Thrive & Be Resilient While Providing Optimal Care - Mary-Lou Martin, MScN, MEd, RN, Ashley Fry O'Rourke, MSc, RN, Sierra Martin, MPH, BSc, BScN, RN
7. Enhancing Adherence to Barcode Medication Administration Standards: A Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Unit - Michelle Danda, PhD, RN, CPMHN(C), Sheryl Zentner, MHLP, RPN, BScPN,
8. Enhancing the Use of Alternative Approaches to Physical Restraints – Megan Smith BScN, RN, CPMHN (C)
9. Enhancing Patient Well-being through Structured Nurse Led Group Activities in a Mental Health Unit - Nikita Puri, BSc. BScN, Michelle Buda, Maryam Mohamed, BScN, RN, Vesna Manevska, BN, RN
10. Evaluating the Outcomes of Increased Nursing Staff Levels in Psychosis Treatment Inpatient Units - Light Bosah Chiotu MN, BN, RN, CPMHN(C)
11. Exploring the Ethical Landscape: Unveiling the Historical Dimensions of Registered Psychiatric Nursing Education (1913-2012) - Michelle C. Danda, PhD, RN, CPMHN(C) Pauline Paul, PhD, RN, Tanya Park, PhD, RN
12. Exploring the Experiences of Individuals who are Prescribed Involuntary Community Treatment in Newfoundland and Labrador - Natasha Tobin MPN, BN, RN, CHE, CPMHN(C)
13. Exploring Definitions of 'Birth Trauma': A JBI Scoping Review - Sandra Murphy, MScN, RN, CPMHN(C), PMH-C
14. From classroom to community: Experiential learning in mental health nursing course - Archana Paul, MScN, RN, CCNE, CCSNE
15. Inclusion and Exclusion- How Staff Experience Belonging in a Mental Health and Addiction Hospital Setting: A Cross-Sectional Study - Debbilynn Dawn Murray EdD, MScN, BScN, RN, CGNC
16. Lived experiences of accessing healthcare services among individuals with mental health and addiction disorders – Hua Li RN, PhD, Alana Glecia, MA, BA
17. Optimizing Nursing Physical Assessments on Forensic Medium Secure Inpatient Units: A Quality Improvement Initiative - Jennifer Anderson, MScN, RN, CPMHN(C), Satinder Kaur, PhD(N), MScN, MEd (HPE), RN, CPMHN(c), Brett Morris, BScN, RN, CPMHN(C)
18. Policy Prohibiting Practice: The Non-regulation of Registered Psychiatric Nurses and the Call for Pan-Canadian Advocacy - Matthew Parrenas, BScPN, MScCH: AMH



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19. Perceived Learning Needs of High School Teachers Regarding Suicide Prevention - Miranda Bevilacqua, RN, MN, PhD
20. Points de vue des éducateurs sur la prévention du suicide dans les écoles secondaires et leurs besoins - Miranda Bevilacqua, RN, MN, PhD
21. Psychosocial Interventions Targeting Suicidality in Inpatient Psychiatry - Jennifer Olarte-Godoy, MN, RN, CPMHN (C)
22. Publishing your work: Why and How - Elisabeth Jensen, PhD, RN
23. Screening and Diagnosis of Dementia in Older Persons in Custody in Canada - Arlene Kent-Wilkinson, PhD, RN, Bryce Stoliker, PhD, Krista Lagimodiere, MD, FRCPC, Christie Tetreault, PhD (Psych), MSc (Psych), BA
24. Self-Management Approach to Clients Living with Schizophrenia - Mary-Lou Martin, MScN Med, RN, Brendan Carmichael (He/Him) MN, BA, BScN, RN, CPMHN(c)
25. Self-management Support Intervention: Empowering Clients with Schizophrenia to Live Healthier Lives - Mary-Lou Martin, MScN MEd, RN, Ashley Fry O'Rourke, MSc, RN, Sierra Martin, MPH, BSc, BScN, RN
26. Stigma and discrimination towards the consumers of mental health services: Are the nursing students ready to take up the challenge? - Archana Paul, MScN, RN, CCNE, CCSNE
27. Supporting the Development of Clinical Externs as Mental Health Clinicians - Kelyang Tenzin, MN, RN, CPMHN(C), Alfredo Ramirez, Thu Anh Nguyen, and Trung Do
28. Supporting Patients in Choosing Mental Health Apps - Aideen Carroll, MA, BScN, BSc, CPMHN (C) Jericho Asinas, BSN, RN, Christopher Braz, BSN, RN, Pamela Rose, BSN, RN
29. Understanding the Physical and Psychological Impacts of Patient Violence on Psychiatric Emergency Nurses - Christine Bucago, MN, RN, CPMHN(C)
30. Who are the Rural and Remote Nurses who Provide Mental Health Services in Canada? Key Practice Responsibilities, Exposure to Violence, and Job Resources/Demands - Kelly Penz, PhD, RN, Martha MacLeod, PhD, RN, Davina Banner, PhD, RN, Sharleen Jahner, PhD, RN
31. Wound Care Supply Cart in a Stationary Harm Reduction Setting: Efficiency, Satisfaction, and Quality of Care - Kasia Zurawski, BScN, RN, CPMHN(C); Lili Berescu, BScN, RN, NSWOC, WOCC(C)
32. Stay Alive Initiative - Miranda Bevilacqua, RN MN PhD, Tia Cooney RN MScN DNP, Rylan Copeman, BScN RN, Caitlyn Fabiano, RN