



# 2024 National Conference EDUCATIONAL PROGRAM

Tuesday, November 19, 2024

Start	End	Presentation	Speakers	Room
7:00AM	8:00AM	<b>Registration</b>		
8:00AM	12:00PM	<b>Suicide Prevention and Intervention</b>	Yvonne Bergmans, PhD, MSW, RSW	Suzor-Coté
8:00AM	12:00PM	<b>Preparing for CNA Certification - Psychiatric Mental Health Nursing</b>	Aideen Carroll, MA, BScN, RN, CPMHN(C)	Julien-Gagnon Walker
12:00PM	1:00PM	<b>Lunch Break - on your own</b>		
1:00PM	3:00PM	<b>MAiD and Mental Illness Discussion</b>	Locky Butcher, BA, MA, PhD(c); Willi Kirenko, MN, NP-PHC, NP-Adult; Sherry Moran, BA, MA, LLB; Karen Kusch, Health Canada	Mozart
3:00PM	3:15PM	<b>Health Break</b>		
3:15PM	4:45PM	<b>Substance Use Health: A Framework for Dismantling Systemic Stigma in the Healthcare Sector</b>	Brianne Peters, MA; Shawn Fisk	Mozart
5:00PM	7:00PM	<b>Welcome Event and Grand Opening of Exhibit Hall</b>		Beethoven

Wednesday, November 20, 2024

7:00AM	8:30AM	<b>Registration, Exhibits, and Poster Session</b>		Beethoven
8:30AM	9:15AM	<b>Opening Ceremonies</b>	Don Leidl, EdD, MN, BSN, RN; Cindy Peternej-Taylor, MSc, HBScN, RN, DF-IAFN; nêhiyaw kêhtê, kihci têpakohp iskotêw iskwêw (Cree Elder, Emily Henry); Hon. Ya'ara Saks, Minister of Mental Health and Addictions and Associate Minister of Health; Kimberly LeBlanc, PhD, RN, NSWOC, WOCC(C), FCAN, CNA President	Mozart
9:15AM	10:15AM	<b>Optimization of Nursing Leadership in Mental Health and the Toxic Drug Crisis</b>	Leigh Chapman, PhD, RN, Chief Nursing Officer of Canada	Mozart
10:15AM	11:00AM	<b>Exhibit Hall and Poster Session</b>		Beethoven
11:00AM	12:00PM	<b>Mental Health Nursing: A Powerful Nursing Future Awaits</b>	Siobhan Bell, DNP, MN, BScN, RN	Mozart
12:00PM	1:00PM	<b>"Lunch and Learn" Sponsored by CAMH</b>		Mozart
1:00PM	2:00PM	<b>Empowering Mental Health Nurses: Leadership Strategies for Professional Growth While Balancing Self-Care</b>	Dionne Sinclair, MScN, MCHN, RN, CHE	Mozart
<b>Concurrent Sessions</b>				
2:10PM	2:40PM	<b>Quebec Nursing Policy</b>	Elizabeth Arpin, MSc., RN aut.	Julien-Gagnon Walker
2:10PM	2:40PM	<b>Exploring the Person-Centred Care Practice Patterns of Mental Health Nurses: A Concurrent Mixed Methods Study</b>	Chantille Isler, PhD, MN, BN, RN	Mozart
2:10PM	2:40PM	<b>Innovations in Practice Support and Education - Evenings, Weekends, Holidays</b>	Alfredo Ramirez, MScN, BScN, RN	Suzor-Coté
2:10PM	2:40PM	<b>Enhancing Pediatric Care in Canada: Integrating UK Safety Pods for Restraint Reduction and Trauma-Informed Practice</b>	Sarah Giroux, BN, RN, CPMHN(c); Roxanna Sheppard BScN, RN, CHE, MCert, CPMHN(c)	Delfosse



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2:40PM	3:30PM	<b>Exhibit Break and Poster Session</b>		Beethoven
Concurrent Sessions				
3:30PM	4:00PM	<b>Strengths, Challenges and Knowledges of Mental Health Nurses with Lived Experiences of Adverse Childhood Experiences</b>	Chantell McKay, MPN, BScPN, RPN	Delfosse
3:30PM	4:00PM	<b>Exposure to Violence and Trauma in Psychiatric Care Settings: Mental Health Nurses' Perceptions of their Foundational Education Preparedness</b>	Kayla Webb, MN, BPN, RPN	Mozart
3:30PM	4:00PM	<b>Peoples' Experience of Judicialization in Hospital Settings: A Means to Improve Nursing Practice</b>	Myriam Cader, MA, RN	Julien-Gagnon Walker
3:30PM	4:00PM	<b>Facteurs facilitateurs et contraignants de la création du lien de confiance : une analyse de l'expérience d'infirmières de psychiatrie légale donnant des soins en contexte de coercitio</b>	Stephanie Potcoava, MScN(c), BScN, RN	Suzor-Coté
4:10PM	4:40PM	<b>Tools to be Successful in Accreditation Canada's Recovery Expectations</b>	Vicki Huehn, CEO, Psychosocial Rehabilitation Canada	Mozart
4:40PM		<b>Evening in Ottawa-Gatineau - on your own</b>		

## Thursday, November 21, 2024

8:00AM	8:45AM	<b>Registration, Exhibits, and Poster Session</b>		Beethoven
Workshops				
9:00AM	11:00AM	<b>Writing It Right: How to Become a Published Author</b>	Cindy Peternelj-Taylor, MSc, HBScN, RN, DF-IAFN	Suzor-Coté
9:00AM	11:00AM	<b>Creating Space: Innovative Responses to Healthcare Provider Education to Address the Effects of the Toxic Drug Supply</b>	Sabrina Merali, MN, RN	Delfosse
9:00AM	11:00AM	<b>Harm Reduction is Co-learning: Developing Nursing Practice by Engaging in Reflective Discourse</b>	Michelle Danda, PhD, RN, CPMHN(C); Sheryl Zentner, MHL, RPN	Mozart
9:00AM	11:00AM	<b>Increasing Support Access for People Who Use Drugs</b>	Kasia Zurawski, BScN, RN, CPMHN(C); Alice Maguire, MSW, RSW; Alaina Klassen, BScN, RN	Julien-Gagnon Walker
11:00AM	12:00PM	<b>Exhibit Break and Poster Session</b>		Beethoven
12:00PM	1:00PM	<b>Lunch and Networking</b>		Foyer
1:00PM	2:00PM	<b>CPR RACISM: A Guide for Health Care Providers to Address Racism in Health Care</b>	Holly Graham, PhD, RD Psychologist, MN, BScN, BA, RN	Mozart
Concurrent Sessions				
2:10PM	2:40PM	<b>A Journey of Reconciliation: Pioneering a Transformative Shift in Nursing Practice Through a Culturally Safe Lens</b>	nēhiyaw kéhtē, kihci tēpakohp iskotēw iskwēw (Cree Elder, Emily Henry); Cynthia Russell, MN, RN, CPMHN(C)	Mozart
2:10PM	2:40PM	<b>Nurses' Experiences of Using Coercion in Psychiatric Settings: A Comparative Qualitative Research Study</b>	Etienne Paradis-Gagne, PhD	Suzor-Coté
2:10PM	2:40PM	<b>Exploring Nova Scotian Psychiatric Mental Health Nurses' Scope of Practice: An Environmental Scan</b>	Josephine Muxlow MSc, RN, CPMHN(C), FCAN; Sandra Murphy MScN, RN, PMH-C, CPMHN(C)	Julien-Gagnon Walker
2:10PM	2:40PM	<b>Climate Change Impacts on Mental Illness as a Social Determinant of Health</b>	Michelle Buda, BAH, BScN, RN	Delfosse
2:40PM	3:10PM	<b>Exhibit Break and Poster Session</b>		Beethoven



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Concurrent Sessions				
3:15PM	3:45PM	<b>Enhancing Youth Mental Health Programs: Integrating Evidence-Based, Peer-Led Implementation and Human-Centered Design</b>	Sabrina Merali, MN, RN	Delfosse
3:15PM	3:45PM	<b>Clearing Your Path with Horses: Equine Assisted Learning</b>	Sarah Flogen, PhD, MEd, BScN, RN	Suzor-Coté
3:15PM	3:45PM	<b>Interventions to Minimize the Duration of Restraint Events</b>	Satinder Kaur, PhD, MEd, RN	Julien-Gagnon Walker
3:15PM	3:45PM	<b>Empowering Nursing Practice: A Nursing Led Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Service in the Lower Mainland, BC</b>	Michelle Danda, PhD, RN, CPMHN(C); Jodie McFarlane, RN BSN; Jennifer Wong, RN MSN; Sheryl Zentner, RPN MHLPL	Mozart
4:00PM	5:00PM	<b>CFMHN Annual General Meeting</b>		Mozart
5:00PM	7:00PM	<b>Networking Event</b>		Mozart

## Friday, November 22, 2024

8:00AM	9:00AM	<b>Registration</b>		Foyer
Concurrent Sessions				
9:00AM	9:30AM	<b>How Adolescents and Young Adults with Mental Health Diagnoses Utilize Critical Digital Literacy Skills When Consuming Mental Health Information on TikTok: A Scoping Review</b>	Lea Slongo, MEd, BScN, HBSW, HBA, RN, RSW (inactive class)	Mozart
9:00AM	9:30AM	<b>Highlights of the New Accreditation Canada Mental Health and Addiction Accreditation Standards (2023)</b>	Colleen MacPhee-Newell, MHA, BScN, RN	Julien-Gagnon Walker
9:00AM	9:30AM	<b>Short-Stay Medical Transition Beds for Mental Health Patients with Active Medical Issues</b>	Samantha Greenberg; BScN, RN Lawna Brotherston, MN, NP, PMP	Suzor-Coté
9:00AM	9:30AM	<b>Exploring Health and Wellness Strategies for Individuals with Serious Mental Illness: Results of the Qualitative Phase of a Mixed Methods Study (IAMWISE Study)</b>	Joy Maddigan, PhD, MN, BN, RN	Delfosse
Concurrent Sessions				
9:40AM	10:10AM	<b>Nursing Role in Child and Adolescent Outpatient Psychiatry: Perspectives of Nurses Working in This Practice Environment</b>	Imane Hani, BScN, RN	Delfosse
9:40AM	10:10AM	<b>Immersive Virtual Reality and the Future of Mental Health Nursing Education</b>	Don Leidl, EdD, MN, BScN, RN	Suzor-Coté
9:40AM	10:10AM	<b>Cultivating a New Horizon of the Clinical Nurse Specialist Role within the Context of Mental Health and Addictions Healthcare Programs</b>	Carrie Bullard, PhD, RN, CPMHN(C)	Julien-Gagnon Walker
9:40AM	10:10AM	<b>Enhancing Patient Safety Through Safety Huddles: A Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Services</b>	Michelle Danda, PhD, RN, CPMHN(C); Jodie McFarlane, RN BSN; Jennifer Wong, RN MSN; Sheryl Zentner, RPN MHLPL	Mozart
10:10AM	10:30AM	<b>Health Break</b>		
10:30AM	11:30AM	<b>Psychiatric Mental Health Nursing: The Past, Current, and Future Directions</b>	Josephine Muxlow MSc, RN, CPMHN(C), FCAN, CFMHN Board Director	Mozart
11:30AM	12:00PM	<b>Poster Awards and Closing Ceremonies</b>	Don Leidl, EdD, MN, BSN, RN; Cindy Peternelj-Taylor, MSc, HBSN, RN, DF-IAFN	Mozart



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## POSTER PRESENTATION TOPICS & PRESENTERS

1. A Current State Analysis of Psychiatric Intensive Care Unit Admissions and Transfers in a Psychiatric Teaching Hospital - Abrehet Woldeyohannes RN, BScN, BSc
2. Addressing Complex Mental Health and Substance Use in Atlantic Canada Through an injectable Opiate Agonist Therapy (iOAT) Program - Michelle Pittman NO, MN
3. Beyond Burnout: A Multidimensional Framework of the Impacts of COVID-19 on Acute Care Nurses in Canada - Kelly Penz PhD, RN, Janelle Schentag, MN, RN, Helen Vandenberg, PhD, RN
4. Canadian Guidelines for the Assessment and Treatment of Anxiety in Older Adults - Andrea Iaboni, MD, DPhil, FRCPC
5. Celebrating Diversity, Equity, Inclusivity and Belonging at Psychiatric Hospital in Downtown Toronto - Paul Ryan Monje, RN, BScN, CPMHN(C)
6. Empowering Nurses to Engage, Thrive & Be Resilient While Providing Optimal Care - Mary-Lou Martin, MScN, MEd, RN, Ashley Fry O'Rourke, MSc, RN, Sierra Martin, MPH, BSc, BScN, RN
7. Enhancing Adherence to Barcode Medication Administration Standards: A Quality Improvement Initiative in an Acute Inpatient Mental Health and Substance Use Unit - Michelle Danda, PhD, RN, CPMHN(C), Sheryl Zentner, MHLP, RPN, BScPN,
8. Enhancing the Use of Alternative Approaches to Physical Restraints – Megan Smith BScN, RN, CPMHN (C)
9. Enhancing Patient Well-being through Structured Nurse Led Group Activities in a Mental Health Unit - Nikita Puri, BSc. BScN, Michelle Buda, Maryam Mohamed, BScN, RN, Vesna Manevska, BN, RN
10. Evaluating the Outcomes of Increased Nursing Staff Levels in Psychosis Treatment Inpatient Units - Light Bosah Chiotu MN, BN, RN, CPMHN(C)
11. Exploring the Ethical Landscape: Unveiling the Historical Dimensions of Registered Psychiatric Nursing Education (1913-2012) - Michelle C. Danda, PhD, RN, CPMHN(C) Pauline Paul, PhD, RN, Tanya Park, PhD, RN
12. Exploring the Experiences of Individuals who are Prescribed Involuntary Community Treatment in Newfoundland and Labrador - Natasha Tobin MPN, BN, RN, CHE, CPMHN(C)
13. Exploring Definitions of 'Birth Trauma': A JBI Scoping Review - Sandra Murphy, MScN, RN, CPMHN(C), PMH-C
14. From classroom to community: Experiential learning in mental health nursing course - Archana Paul, MScN, RN, CCNE, CCSNE
15. Inclusion and Exclusion- How Staff Experience Belonging in a Mental Health and Addiction Hospital Setting: A Cross-Sectional Study - Debbilynn Dawn Murray EdD, MScN, BScN, RN, CGNC
16. Lived experiences of accessing healthcare services among individuals with mental health and addiction disorders – Hua Li RN, PhD, Alana Glecia, MA, BA
17. Optimizing Nursing Physical Assessments on Forensic Medium Secure Inpatient Units: A Quality Improvement Initiative - Jennifer Anderson, MScN, RN, CPMHN(C), Satinder Kaur, PhD(N), MScN, MEd (HPE), RN, CPMHN(c), Brett Morris, BScN, RN, CPMHN(C)
18. Policy Prohibiting Practice: The Non-regulation of Registered Psychiatric Nurses and the Call for Pan-Canadian Advocacy - Matthew Parrenas, BScPN, MScCH: AMH



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## POSTER PRESENTATION TOPICS & PRESENTERS

19. Perceived Learning Needs of High School Teachers Regarding Suicide Prevention - Miranda Bevilacqua, RN, MN, PhD
20. Points de vue des éducateurs sur la prévention du suicide dans les écoles secondaires et leurs besoins - Miranda Bevilacqua, RN, MN, PhD
21. Psychosocial Interventions Targeting Suicidality in Inpatient Psychiatry - Jennifer Olarte-Godoy, MN, RN, CPMHN (C)
22. Publishing your work: Why and How - Elisabeth Jensen, PhD, RN
23. Screening and Diagnosis of Dementia in Older Persons in Custody in Canada - Arlene Kent-Wilkinson, PhD, RN, Bryce Stoliker, PhD, Krista Lagimodiere, MD, FRCPC, Christie Tetreault, PhD (Psych), MSc (Psych), BA
24. Self-Management Approach to Clients Living with Schizophrenia - Mary-Lou Martin, MScN Med, RN, Brendan Carmichael (He/Him) MN, BA, BScN, RN, CPMHN(c)
25. Self-management Support Intervention: Empowering Clients with Schizophrenia to Live Healthier Lives - Mary-Lou Martin, MScN MEd, RN, Ashley Fry O'Rourke, MSc, RN, Sierra Martin, MPH, BSc, BScN, RN
26. Stigma and discrimination towards the consumers of mental health services: Are the nursing students ready to take up the challenge? - Archana Paul, MScN, RN, CCNE, CCSNE
27. Supporting the Development of Clinical Externs as Mental Health Clinicians - Kelyang Tenzin, MN, RN, CPMHN(C), Alfredo Ramirez, Thu Anh Nguyen, and Trung Do
28. Supporting Patients in Choosing Mental Health Apps - Aideen Carroll, MA, BScN, BSc, CPMHN (C) Jericho Asinas, BSN, RN, Christopher Braz, BSN, RN, Pamela Rose, BSN, RN
29. Understanding the Physical and Psychological Impacts of Patient Violence on Psychiatric Emergency Nurses - Christine Bucago, MN, RN, CPMHN(C)
30. Who are the Rural and Remote Nurses who Provide Mental Health Services in Canada? Key Practice Responsibilities, Exposure to Violence, and Job Resources/Demands - Kelly Penz, PhD, RN, Martha MacLeod, PhD, RN, Davina Banner, PhD, RN, Sharleen Jahner, PhD, RN
31. Wound Care Supply Cart in a Stationary Harm Reduction Setting: Efficiency, Satisfaction, and Quality of Care - Kasia Zurawski, BScN, RN, CPMHN(C); Lili Berescu, BScN, RN, NSWOC, WOCC(C)
32. Stay Alive Initiative - Miranda Bevilacqua, RN MN PhD, Tia Cooney RN MScN DNP, Rylan Copeman, BScN RN, Caitlyn Fabiano, RN