

When I encounter PEOPLE who use SUBSTANCES MY PRACTICE IS



Empathetic

I take the time to understand the situation from the other person's perspective.



Evidence-Informed

I act based on current best practices and evidence-informed care guidelines.



Non-Judgmental

I reflect on my own experiences and avoid bias based on my personal values when providing care.



Non-Punitive

I do not use language or actions to punish or guilt the client for their situation.



Respectful

I communicate with my clients in a way that maintains their dignity.



Professional

I adhere to my duty to care and provide each patient with the best possible care.



Contextual

I consider the client's social determinants of health.



Trauma-Informed

I integrate an understanding of past, current and intergenerational experiences of violence and trauma into my practice.



Person Focused

I meet the client where they are in their life journey and tailor care to meet individual needs.



Culturally Competent

I acknowledge and consider cultural differences with humility.



Harm Reduction Focused

I consider concrete strategies aimed at reducing adverse consequences associated with substance use.



Non-Stigmatized

I recognize the stigmas that people who use substances, including colleagues, endure. #StigmaEndsWithMe

