



# Healthy Professional Worker Study



If you are a Canadian **Registered or Practical Nurse or Nurse Practitioner** who is interested in issues related to mental health at work, we would like to invite you to participate in our Healthy Professional Worker study!



We are exploring the mental health experiences of professional workers, and how these are affected by their personal, work and family lives.



You may have decided to remain at work, or you may have opted to leave work.

We are interested in both situations.



We are particularly interested in how GENDER affects these experiences

## There are 2 ways to participate



a 15-20 min online survey -> go to <https://bit.ly/3nk2gBf>



a 45-60 min interview -> email [hpw@uottawa.ca](mailto:hpw@uottawa.ca)

OR BOTH (interview participants will receive a \$20 honorarium)

\*This project is being conducted independently from the organizations and agencies from which you may have been recruited.

\*If you see this ad posted on social media and choose to "like" the page, or "follow" it, you may be publicly identified with the study.

**FOR MORE INFORMATION GO TO [WWW.HEALTHYPROFWORK.COM](http://WWW.HEALTHYPROFWORK.COM)**

This study has received ethics approval from the Universities of Ottawa, British Columbia, Laval, Manitoba,, McGill, Nipissing, Waterloo, Saint Mary's Toronto, Victoria and Carleton, Dalhousie, Memorial, Queens, Simon Fraser and Western Universities