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# Canadian Federation of Mental Health Nurses

## 2021 VIRTUAL CONFERENCE AGENDA

AT AUGUST 31—SUBJECT TO CHANGE

October 18-22 & October 25-29, 2021

### 2021 Conference Co-Chairs:

Sarah Flogen, RN, PhD

Florence Budden, BN, RN, CPMHN(C)

## 2021 CFMHN CONFERENCE AGENDA —OCTOBER 18 TO OCTOBER 19 (All times E.D.T.)

Time	Monday October 18	Tuesday October 19	
12:00 - 13:00		<b>Workshop WA1</b> Kamini Kalia, RN, MScN, CPMHN(C) <i>Enhancing Resilience and Reducing Burnout: Mindfulness and Self-Compassion for Nurses</i>	<b>Workshop WA2</b> Michelle Danda, RN, MN, MPN Claire Pitcher, MSN, RN(c) <i>Meeting Patients Where They Are At: Strategies for Nurse Driven Harm Reduction Interventions in Inpatient Mental Health Settings</i>
13:00 - 13:30			
13:30 - 14:00	<b>Conference Opening</b> Tracy Thiele, RPN, PhD(C) CFMHN President Christine Genest, RN, PhD Quebec Representative, opening in French  <b>Indigenous Opening</b> Len Pierre  <b>Greetings</b> Mary Simon, Governor General (TBD)	<b>Breakout 1A</b> Donna Romano, RN., MSc, PhD, CPMHN(C) <i>Our Mission &amp; Values in Action: An Organizational Approach to Staff Resiliency &amp; Emotional Wellness</i>	<b>Breakout 2A &amp; 2B</b> Jamie Campeau Rachel Radyk TBD
14:00 - 14:30	<b>CNA Greetings and update</b> Tim Guest, M.B.A., B.Sc.N., RN CNA President  <b>Opening Keynote</b> Holly Graham, RN, BA, BScN, MN, PhD, R.D. Psychologist Indigenous Research Chair in Nursing	<b>Breakout 1B</b> Archana Paul, MN, RN <i>From clinical to online placement: a perception of nursing students' competency in mental health</i>	
14:30 - 15:00	<b>Spoken Word Poet</b> Wali Shah (Live)	Nicola Mosley, MSW, RSW, TCTSY-F, SEP Candidate Registered Social Worker <b>Mindful Movement</b>	
15:00 - 15:30			
15:30 - 16:30	<b>Networking</b> <b>15:20 - 16:30</b>		

## 2021 CFMHN CONFERENCE AGENDA —OCTOBER 20 TO OCTOBER 22 (All times E.D.T.)

Time	Wednesday October 20		Thursday October 21		Friday October 22
12:00 - 13:00					<b>Exhibit Hall</b>
13:00 - 13:30					<b>Racism in Mental Health Panel</b>
13:30 - 14:00	<b>Breakout 3A</b> Michelle Danda, RN, MN, MPN <i><b>When Compassion Counts</b></i>	<b>Breakout 4A</b> Akech Mayuom, BA, Bachelor of Psychiatric Nursing Student <i><b>Having Hard Conversations about Racism within Nursing Education: Reflections on the process of developing an anti-racism action plan collaboratively with students and faculty</b></i>	<b>Breakout 5A</b> Heather Stephen, BA, BScPN, MPN(c), R.PsychN <i><b>Micro-aggressions are a macro-level issue: Addressing the call for anti-racism curricula in nursing and psychiatric nursing education</b></i>	<b>Breakout 6A</b> Liguaa Wazni, RN, PhD (Candidate) <i><b>Digital Storytelling - A Methodology to Give Voice to People with Schizophrenia</b></i>	<b>Moderator:</b> Dionne Sinclair, RN MScN, MCHM, CHE, IDI LLC  <b>Panelists:</b> John Sylliboy Bukola (Oladunni) Salami, RN, MN, PhD Anne Bishop
14:00 - 14:30	<b>Breakout 3B</b> Archana Patel, MN, RN, BSc Neuroscience, CPMHN(C) <i><b>Continuing the Conversation on the Provision of Psychotherapy by Nurses</b></i>	<b>Breakout 4B</b> Candice Waddell- Henowitch, RPN, BScPN, MPN, PhD(c) <i><b>Methods Matter: Integrating Trauma-Informed Principles into Psychiatric Nursing and Mental Health Research</b></i>	<b>Breakout 5B</b> Nadine Smith, RN, MN <i><b>Finding Balance and Belonging While Facing Racism, Sexism, and Criticism: The First Year of RPN and RN Transition into the Workforce</b></i>	<b>Breakout 6B</b> Annamaria Hopson, RN, BN, MN <i><b>Chinese Cultural Influences on Patient and Family Understanding of Psychosis: A Systematic Review</b></i>	
14:30 - 15:00	<b>Networking</b>		<b>Breakout 5C &amp; 6C</b> Nicola Mosley, MSW, RSW, TCTSY-F, SEP Candidate Registered Social Worker <i><b>Mindful Movement</b></i>		Dee (Denise) Thomas <i><b>Psychological Safety speaker</b></i>
15:00 - 15:30	<b>Workshop WB1 - Advocacy MASTERCLASS</b> Mike Villeneuve, RN, M.Sc., FAAN CNA Chief Executive Officer				
15:30 - 16:30	Lucas Veiga, MBA, MPM CNA Lead Government Relations		<b>Workshop WC1 - Interprofessional roles</b> Joan Almost, RN, PhD Carmen Hust, PhD, MScN, RN, CPMHN (C)		
16:30 - 17:00					

## 2021 CFMHN CONFERENCE AGENDA —OCTOBER 25 TO OCTOBER 26 (All times E.D.T.)

Time	Monday October 25	Tuesday October 26
12:00 - 12:30	<b>Meet and Greet</b> Dylan	First National Indigenous Group - the 60's Scoop
12:30 - 13:00		
13:00 - 13:30		
13:30 - 14:00	Wali Shah workshop (TBC) (Session Title)	Dr. Kim Hellemans <b><i>The Neuroscience of Trauma, Addiction, and Recovery.</i></b>
14:00 - 14:30		
14:30 - 15:00		Nicola Mosley, MSW, RSW, TCTSY-F, SEP Candidate Registered Social Worker <b><i>Mindful Movement</i></b>
15:00 - 15:30		
15:30 - 16:00		
17:30 - 18:30	Kim Ryan, RN, Mental Health Nurse CEO Nursing Mental Health Association, Australia CEO Australian College of Mental Health Nurses <b><i>Australia's Police, Ambulance, Clinician Early Response (PACER) Team; Working together to support those in a mental health crisis.</i></b>	
18:30 - 19:30	Ed Mantler, RPN, MSA, CHE Vice-President, Programs and Priorities, Mental Health Commission of Canada <b><i>Evolving mental health crisis response in Canada: Findings from a national research study</i></b>	

## 2021 CFMHN CONFERENCE AGENDA —OCTOBER 27 TO OCTOBER 29 (All times E.D.T.)

Time	Wednesday October 27	Thursday October 28		Friday October 29	
12:00 - 12:30	<b>Workshop WD1</b> Fola Vickers, BA, R.PsychN <i><b>Nurse Wellness through Peer Support</b></i>	<b>Workshop WD2</b> Sara Ling, RN, MN, PhD candidate <i><b>Assessing and Treating Alcohol Withdrawal: Best Practices and Clinical Pearls</b></i>	<b>Workshop WE1</b> Sandi Quesnel, BA MSW (candidate) <i><b>Creating Soul Space: Supporting Street Mental Health Nurses and the Interdisciplinary Team on the Frontlines of COVID and the Opiate Crisis</b></i>	<b>Workshop WE2</b> Archana Patel, MN, RN, BSc Neuroscience, CPMHN (C) <i><b>Timely Engagement of patients with addictions during COVID-19: Lessons Learned</b></i>	<b>12:00 - 12:45</b> <b>Closing Keynote Speaker</b> <b>Fardous Hosseiny</b> <b>(45 mins) (TBC) (Session Title)</b>
12:30 - 13:00					<b>12:45 - 13:00</b> <b>CNA French closing</b> Sylvain Brousseau, RN, Ph. D. President-elect of the AIIC
13:00 - 13:30					<b>13:00 - 13:15</b> <b>Indigenous closing</b> Len Pierre
					<b>13:15 - 13:30</b> <b>CFMHN closing</b> Conference Co-Chairs Sarah Flogen, RN, PhD Florence Budden, BN, RN, CPMHN(c)
13:30 - 14:00	<b>Breakout 7A</b> Tina Revai, RN, MN <i><b>Addressing Equity for Opioid Use Care for British Columbia First Nations Communities</b></i>	<b>Breakout 8A</b> Charlotte Ross, PHD, RN, R.PsychN <i><b>“A Two Glass of Wine Shift”:                      Dominant Discourses and the Social Organization of Nurses’ Substance Use</b></i>	<b>Breakout 9A</b> Hua Li, RN, PhD <i><b>The impact of COVID-19 on patients with pre-existing mental health and addiction disorders</b></i>	<b>Breakout 10A</b> Mary Ellen Labrecque, NP, PhD <i><b>The Impact of COVID-19 Knowledge Support on Rural and Remote Nurses’ Mental Health</b></i>	
14:00 - 14:30	<b>Breakout 7B</b> Amanda Lavigne, BScN, R.PsychN, Masters of Psychiatric Nursing - Thesis in progress <i><b>Nurse Prescribing of Opioid Agonist Treatment within Interior Health Region, BC</b></i>	<b>Breakout 8B</b> Sara Ling, RN, MN, PhD candidate <i><b>Patient experiences of early discharge from an inpatient withdrawal management service</b></i>	<b>Breakout 9B</b> Satinder Kaur, PhD, MSc.N, CPMHN(C) <i><b>APNs rising to the occasion during COVID19 pandemic in forensic mental health services</b></i>	<b>Breakout 10B</b> Jennifer Anderson, RN, MScN, CPMHN(C) <i><b>Inpatient mental health: what helps/hinders the transition into communities?</b></i>	
14:30 - 15:00	<b>Exhibit Hall</b>		Nicola Mosley, MSW, RSW, TCTSY-F, SEP Candidate Registered Social Worker <i><b>Mindful Movement</b></i>		
15:00 - 15:30					

## POSTER PRESENTATIONS—AVAILABLE THROUGHOUT THE CONFERENCE ON OUR WEBSITE

1. Symptomatic and Functional Improvements with Self-Management Support for Adults with Schizophrenia

**Mary-Lou Martin**, RN, MN, Clinical Nurse Specialist/Assoc Clinical Professor, St. Joseph's Healthcare Hamilton

2. Improving Access to Mental Health Support using Smart Technology for Youth: The Teleprom-Y Project

**Cheryl Forchuk**, RN, PhD, Beryl and Richard Ivey Research Chair, Lawson Health Research Institute

3. Addressing Sexual Health Risk Factors for People Living with Serious Mental Illness

**Ron Davies**, MSN Ed(hons) BScPN, R.PsychN, Private Industry

4. Integrating Trauma Informed Practices in Acute Care Hospitals

**Archna Patel**, MN, RN, BSc Neuroscience, Clinical Practice Leader, RNAO - Mental Health Nursing Interest Group

5. Does Cultural Safety in Nursing Practice Improve People's Mental Health? A scoping review

**Olakunle Ojelabi**, University of Alberta, Master of Nursing student

**Tanya Park**, RN PhD, Associate Professor, University of Alberta

6. Screening for traumatic brain injury and understanding its impact on clinical presentation among mental health and addictions service users: findings from a scoping review of the literature

**Julia Davies**, RN, MN, PhD Student, University of Toronto

7. Exploring the History of Registered Psychiatric Nursing in British Columbia

**Michelle Danda**, RN, MN, MPN, Clinical Informatics Specialist, Provincial Health Services Authority (PHSA)

8. Understanding Cannabis use and its implication on health and healthcare: A Scoping Review.

**Olakunle Ojelabi**, Bachelor of Science in Nursing, Diploma in Psychiatric Nursing, Current Master of Nursing Student at the University of Alberta, **RPN**, Master of Nursing student, University of Alberta

9. Undergraduate Peer Mentorship in Psychiatric Nursing: Implications for Program Development

**Andrea Thomson**, BScPN, RPN, MPN, Assistant Professor, Brandon University

10. Nurses Empowering Nurses

**Fola Vickers**, BA, R.PsychN, Peer Circle Director, Nurse 2 Nurse Peer Support

11. Implementation of a Clinical Extern Program in a Mental Health and Addictions Setting

**Rola Moghabghab**, NP, PhD, Director, Interprofessional Practice, Centre for Addiction and Mental Health

12. Care Conversations with Clients about Life Limiting Illness, Dying and Death

**Mary-Lou Martin**, RN, MN, Clinical Nurse Specialist/ Assoc Clinical Professor, St. Joseph's Healthcare Hamilton

13. To reduce stress and shame and built an environment of understanding lagging skills, function of subs

**Agneta Björck**, RN, R.Practical Nurse, Educator Supervisor, Björckhälsan AB

14. Using Virtual Gamification Simulation Training for a Safe Search Process in a New Facility

**Ibrahim Akbar**, BScN, RN, Clinical Nurse Educator, Centre for Addiction and Mental Health

15. COVID-19 sparks need for access to evidence based palliative care in mental health settings

**Jennifer Anderson**, RN, MScN, Advanced Practice Clinical Leader - Nursing, Centre for Addiction & Mental Health

16. A Mental Health and Substance Use Virtual Learning Platform for Service Providers

**Courtney Devane**, RN, MN, Ph.D Candidate, Clinical Planner, Coastal Mental Health and Substance Use Services Vancouver Coastal Health, Vancouver Coastal Health

17. Using Virtual Simulation Training in Suicide Risk Assessment

**Christine Bucago**, RN, MN, Advanced Practice Clinical Leader (Nurse), Centre for Addiction and Mental Health

18. Hope by CAMH: An app-based approach to Suicide Safety Planning

**Nicole Thomson**, OT, PhD, Director, Quality Innovation Patient Safety & Experience, Centre for Addiction and Mental Health

19. The Perspectives of Mental Health Professionals on Palliative Care

**Lydia Mutoni**, BScN, Fourth-year nursing honor student, Research Assistant, University of Alberta

20. Adding Immigrant Women's Experiences of Domestic Violence to Our Understanding: A Phenomenological Approach

**Karlee Podritske**, Diploma, Fourth Year BScN - Honours Student, University of Alberta - Faculty of Nursing