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Canadian Federation of Mental Health Nurses

2021 VIRTUAL CONFERENCE

AGENDA

SUBJECT TO CHANGE

October 18-22 & October 25-29, 2021

2021 Conference Co-Chairs:

Sarah Flogen, RN, PhD

Florence Budden, BN, RN, CPMHN(C)

2021 CFMHN CONFERENCE AGENDA —OCTOBER 18 TO OCTOBER 19 (All times E.D.T.)

Time	Monday October 18	Tuesday October 19	
12:00 - 13:00		Workshop WA1 Kamini Kalia, RN, MScN, CPMHN(C) <i>Enhancing Resilience and Reducing Burnout: Mindfulness and Self-Compassion for Nurses</i>	Workshop WA2 Michelle Danda, RN, MN, MPN Meaghan Brown PhD (c), RN <i>Meeting Patients Where They Are At: Strategies for Nurse Driven Harm Reduction Interventions in Inpatient Mental Health Settings</i>
13:00 - 13:30			
13:30 - 14:00	Conference Opening Tracy Thiele, RPN, PhD(C) CFMHN President Christine Genest, RN, PhD Quebec Representative, opening in French Indigenous Opening Len Pierre Greetings Mary Simon, Governor General (TBD)	Breakout 1A Donna Romano, RN., MSc, PhD, CPMHN(C) Daniella Bellicoso, MA, PhD <i>Our Mission & Values in Action: An Organizational Approach to Staff Resiliency & Emotional Wellness</i>	Breakout 2A & 2B Jamie McIntrye Rachel Radyk <i>Trauma Informed care and ally-ship as a means to foster equity and inclusivity for indigenous people in Canada</i>
14:00 - 14:30	CNA Greetings and update Tim Guest, M.B.A., B.Sc.N., RN CNA President Opening Keynote Holly Graham, RN, BA, BScN, MN, PhD, R.D. Psychologist Indigenous Research Chair in Nursing	Breakout 1B Archana Paul, MN, RN <i>From clinical to online placement: a perception of nursing students' competency in mental health</i>	
14:30 - 15:00	Spoken Word Performance Wali Shah (Live)	Nicola Mosley, MSW, RSW, TCTSY-F, SEP Candidate Registered Social Worker <i>Mindful Movement</i>	
15:00 - 15:30			
15:30 - 16:30	Networking and Exhibit Hall 15:20 - 16:30		

2021 CFMHN CONFERENCE AGENDA —OCTOBER 20 TO OCTOBER 22 (All times E.D.T.)

Time	Wednesday October 20		Thursday October 21		Friday October 22
12:00 - 13:00					Exhibit Hall
13:00 - 13:30					Racism in Mental Health Panel
13:30 - 14:00	Breakout 3A Michelle Danda, RN, MN, MPN Claire Pitcher, MSN, RN(c) <i>Hearing Our Voices: De-centering Whiteness in Health Care</i>	Breakout 4A Akech Mayuom, BA, Bachelor of Psychiatric Nursing Student Dharti Prajapati, Psychiatric Nursing Student <i>Having Hard Conversations about Racism within Nursing Education</i>	Breakout 5A Madeleine Kruth, BA, MSc <i>Micro-aggressions are a macro-level issue: Addressing the call for anti-racism curricula in nursing and psychiatric nursing education</i>	Breakout 6A Liguaa Wazni, RN, PhD (Candidate) <i>Digital storytelling - Towards Epistemic Justice for People with Psychotic Disorder and Opening a Line of Communication</i>	Moderator: Dionne Sinclair, RN MScN, MCHM, CHE, IDI LLC Panelists: Bukola (Oladunni) Salami, RN, MN, PhD Anne Bishop Ilsa Jean Jude Mary Cenat Dr. Kenneth Fung
14:00 - 14:30	Breakout 3B Archana Patel, MN, RN, BSc Neuroscience, CPMHN(C) <i>Continuing the Conversation on the Provision of Psychotherapy by Nurses</i>	Breakout 4B Candice Waddell- Henowitch, RPN, BScPN, MPN, PhD(c) <i>Methods Matter: Integrating Trauma-Informed Principles into Psychiatric Nursing and Mental Health Research</i>	Breakout 5B Nadine Smith, RN, MN <i>Finding Balance and Belonging While Facing Racism, Sexism, and Criticism: The First Year of RPN and RN Transition into the Workforce</i>	Breakout 6B Annamaria Hopson, RN, BN, MN <i>Chinese Cultural Influences on Patient and Family Understanding of Psychosis: A Systematic Review</i>	
14:30 - 15:00	Networking				Dee (Denise) Thomas <i>Psychological Safety speaker</i>
15:00 - 15:30	Workshop WB1 - Advocacy MASTERCLASS Mike Villeneuve, RN, M.Sc., FAAN CNA Chief Executive Officer				
15:30 - 16:30	Lucas Veiga, MBA, MPM CNA Lead Government Relations		Workshop WC1 - Regulated Nursing in Canada: Moving Forward to More Inclusive Nursing Voice Joan Almost, RN, PhD Carmen Hust, PhD, MScN, RN, CPMHN (C)		
16:30 - 17:00					
17:00 - 17:30					
17:30 - 19:00			Workshop - Canadian Standards of Practice for Psychiatric and Mental Health Nursing: Share your Feedback to Influence the 5th Edition Draft Carmen Hust, PhD, MScN, RN, CPMHN (C) Elaine Santa Mina RN, PhD		

2021 CFMHN CONFERENCE AGENDA —OCTOBER 25 TO OCTOBER 26 (All times E.D.T.)

Time	Monday October 25	Tuesday October 26
12:00 - 12:30	Dylan Isaac <i>Improving Indigenous vs Non-Indigenous Relations</i>	
12:30 - 13:00		
13:00 - 13:30		Dr. Kim Hellemans <i>The Neuroscience of Trauma, Addiction, and Recovery</i>
13:30 - 14:00	Wali Shah <i>Rhythm and Poetry</i>	
14:00 - 14:30		Nicola Mosley, MSW, RSW, TCTSY-F, SEP Candidate Registered Social Worker <i>Mindful Movement</i>
14:30 - 15:00		
15:00 - 15:30		
17:30 - 18:30	Kim Ryan, RN, Mental Health Nurse CEO Nursing Mental Health Association, Australia CEO Australian College of Mental Health Nurses <i>Australia's Police, Ambulance, Clinician Early Response (PACER) Team; Working together to support those in a mental health crisis</i>	
18:30 - 19:30	Ed Mantler, RPN, MSA, CHE Vice-President, Programs and Priorities, Mental Health Commission of Canada <i>Evolving mental health crisis response in Canada: Findings from a national research study</i>	

2021 CFMHN CONFERENCE AGENDA —OCTOBER 27 TO OCTOBER 29 (All times E.D.T.)

Time	Wednesday October 27	Thursday October 28	Friday October 29		
12:00 - 12:30	Workshop WD1 Fola Vickers, BA, R.PsychN Sarah Bohachyk, RN, BScN, MN <i>Nurse Wellness through Peer Support</i>	Workshop WD2 Sara Ling, RN, MN, PhD candidate Niall Tamayo, RN <i>Assessing and Treating Alcohol Withdrawal: Best Practices and Clinical Pearls</i>	Workshop WE1 Sandi Quesnel, BA MSW (candidate) Kim Van Herk, RN, MScN <i>Creating Soul Space: Supporting Street Mental Health Nurses and the Interdisciplinary Team on the Frontlines of COVID and the Opiate Crisis</i>	Workshop WE2 Archana Patel, MN, RN, BSc Neuroscience, CPMHN (C) Michael Postic, NP, RN <i>Timely Engagement of patients with addictions during COVID-19: Lessons Learned</i>	12:00 - 12:45 Closing Keynote Speaker Fardous Hosseiny <i>Moral Stress and Moral Injury Amongst Healthcare Workers</i>
12:30 - 13:00					12:45 - 13:00 CNA French closing Sylvain Brousseau, RN, Ph. D. President-elect of the AICC
13:00 - 13:30					13:00 - 13:15 Indigenous closing Len Pierre 13:15 - 13:30 CFMHN closing Conference Co-Chairs Sarah Flogen, RN, PhD Florence Budden, BN, RN,
13:30 - 14:00	Breakout 7A Tina Revai, RN, MN Paula Tait, BA <i>Addressing Equity for Opioid Use Care for British Columbia First Nations Communities</i>	Breakout 8A Charlotte Ross, PhD, RN, R.PsychN <i>"A Two Glass of Wine Shift": Dominant Discourses and the Social Organization of Nurses' Substance Use</i>	Breakout 9A Satinder Kaur, PhD, MSc.N, CPMHN(C) Jennifer Anderson, RN, MScN, CPMHN(C) <i>APNs rising to the occasion during COVID19 pandemic in forensic mental health services</i>	Breakout 10A Mary Ellen Labrecque, NP, PhD <i>The Impact of COVID-19 Knowledge Support on Rural and Remote Nurses' Mental Health</i>	
14:00 - 14:30	Breakout 7B Amanda Lavigne, BScN, R.PsychN Melissa Roe, BScN <i>Nurse Prescribing of Opioid Agonist Treatment within Interior Health Region, BC</i>	Breakout 8B Sara Ling, RN, MN, PhD candidate <i>Patient experiences of early discharge from an inpatient withdrawal management service</i>	Breakout 9B Hua Li, RN, PhD <i>The impact of COVID-19 on patients with pre-existing mental health and addiction disorders</i>	Breakout 10B Jennifer Anderson, RN, MScN, CPMHN(C) <i>Inpatient mental health: what helps/hinders the transition into communities?</i>	
14:30 - 15:00	Exhibit Hall		Nicola Mosley, MSW, RSW, TCTSY-F, SEP Candidate Registered Social Worker <i>Mindful Movement</i>		
15:00 - 15:30					

POSTER PRESENTATIONS—AVAILABLE THROUGHOUT THE CONFERENCE STARTING OCTOBER 18th ON OUR WEBSITE

1. Symptomatic and Functional Improvements with Self-Management Support for Adults with Schizophrenia

Mary-Lou Martin, RN, MN, Clinical Nurse Specialist/Assoc Clinical Professor, St. Joseph's Healthcare Hamilton

2. Improving Access to Mental Health Support using Smart Technology for Youth: The Teleprom-Y Project

Cheryl Forchuk, RN, PhD, Beryl and Richard Ivey Research Chair, Lawson Health Research Institute

3. Addressing Sexual Health Risk Factors for People Living with Serious Mental Illness

Ron Davies, MSN Ed(hons) BScPN, R.PsychN, Private Industry

4. Integrating Trauma Informed Practices in Acute Care Hospitals

Archna Patel, MN, RN, BSc Neuroscience, Clinical Practice Leader, RNAO - Mental Health Nursing Interest Group

5. Does Cultural Safety in Nursing Practice Improve People's Mental Health? A scoping review

Cybele Angel, RN BScN MA CPMHN(C), PhD Candidate, Faculty of Nursing, University of Alberta

6. Screening for traumatic brain injury and understanding its impact on clinical presentation among mental health and addictions service users: findings from a scoping review of the literature

Julia Davies, RN, MN, PhD Student, University of Toronto

7. Exploring the History of Registered Psychiatric Nursing in British Columbia

Michelle Danda, RN, MN, MPN, Clinical Informatics Specialist, Provincial Health Services Authority (PHSA)

8. Understanding Cannabis use and its implication on health and healthcare: A Scoping Review.

Olakunle Ojelabi, Bachelor of Science in Nursing, Diploma in Psychiatric Nursing, Current Master of Nursing Student at the University of Alberta, **RPN**, Master of Nursing student, University of Alberta

9. Undergraduate Peer Mentorship in Psychiatric Nursing: Implications for Program Development

Andrea Thomson, BScPN, RPN, MPN, Assistant Professor, Brandon University

10. Nurses Empowering Nurses

Fola Vickers, BA, R.PsychN, Peer Circle Director, Nurse 2 Nurse Peer Support

11. Implementation of a Clinical Extern Program in a Mental Health and Addictions Setting

Rola Moghabghab, NP, PhD, Director, Interprofessional Practice, Centre for Addiction and Mental Health

12. Care Conversations with Clients about Life Limiting Illness, Dying and Death

Mary-Lou Martin, RN, MN, Clinical Nurse Specialist/ Assoc Clinical Professor, St. Joseph's Healthcare Hamilton

13. To reduce stress and shame and built an environment of understanding lagging skills, function of subs

Agneta Björck, RN, R.Practical Nurse, Educator Supervisor, Björckhälsan AB

14. Using Virtual Gamification Simulation Training for a Safe Search Process in a New Facility

Ibrahim Akbar, BScN, RN, Clinical Nurse Educator, Centre for Addiction and Mental Health

15. COVID-19 sparks need for access to evidence based palliative care in mental health settings

Jennifer Anderson, RN, MScN, Advanced Practice Clinical Leader - Nursing, Centre for Addiction & Mental Health

16. A Mental Health and Substance Use Virtual Learning Platform for Service Providers

Courtney Devane, RN, MN, Ph.D Candidate, Clinical Planner, Coastal Mental Health and Substance Use Services Vancouver Coastal Health, Vancouver Coastal Health

17. Using Virtual Simulation Training in Suicide Risk Assessment

Christine Bucago, RN, MN, Advanced Practice Clinical Leader (Nurse), Centre for Addiction and Mental Health

18. Hope by CAMH: An app-based approach to Suicide Safety Planning

Nicole Thomson, OT, PhD, Director, Quality Innovation Patient Safety & Experience, Centre for Addiction and Mental Health

19. The Perspectives of Mental Health Professionals on Palliative Care

Lydia Mutoni, BScN, Fourth-year nursing honor student, Research Assistant, University of Alberta

20. Adding Immigrant Women's Experiences of Domestic Violence to Our Understanding: A Phenomenological Approach

Karlee Podritske, Diploma, Fourth Year BScN - Honours Student, University of Alberta - Faculty of Nursing