



2020 CFMHN AGM
November 25, 2020
Via Zoom Meeting
- Minutes -

On-Line Attendees:

Alison Toscano	Erika Kahr	Paula Walbourne
Andrea Thomson	Fiona Weber	Roland Nguh
Brandi Martin	Florence Budden	Rosalina Chiovitti
Candice Waddell	Ian Sinclair	Sarah Flogen
Carmen Hust	Jane Hughes	Sherette Currie
Chris Watkins	Julie Rudkowski	Stephanie Cookson
Christine Genest	Kathy Wong	Stephen VanSlyke
Christine Marie Tillmann	Lorelei Gibson	Tanya Park
Cynthia Russell	Marie-Mireille Gagnon	Tracy Thiele
Deborah Chernichko	Michelle Danda	Wendy Bui
Don Leidl	Nancy Brookes	

1. Call to Order

Tracy Thiele calls the CFMHN 2020 AGM to order

2. Approval of Agenda

Tracy Thiele has moved to accept the agenda as circulated, approved by Florence Budden, seconded by Jeannie McFarlane.

3. Approval of 2019 AGM Minutes

Stephen VanSlyke has noted that his name is misspelled and would like it corrected.

Tracy Thiele has moved to accept the AGM minutes from October 11, 2019 with the noted change. Florence Budden seconded.

Approved as amended.

4. President's Report

This year has been a challenging time for everyone and the key aspect that resonates for me through everything is how vital mental health is and how important mental health nurses are to the health and well-being of Canadians. I have had the opportunity to hear stories from many members of the CFMHN in front line practice, administration, education, and am deeply moved and proud of the work each of you are doing.

My first year as President I would call foundational work. With the approval of our new by-laws in 2019, the board has been working to update policies and procedures to reflect our new standards, including our nomination procedures, updating position descriptions for elected positions, board orientation, and succession planning. Stay tuned as we are just getting started and we have more work to do.

CFMHN has also had a strong national voice and amazing opportunities to collaborate. Recently we had the opportunity to be 1 of 7 national organizations to join the Canadian Nursing Association (CNA) on a joint letter to Prime Minister Trudeau on recommendations for Canada's long-term recovery plan. Increasing mental health funding for health-care professionals and investing in virtual care to support vulnerable groups are just two of the critical recommendation we firmly believe need to be addressed in the government's long-term recovery plan.

Our opportunities for advocacy continued when collaborating with CNA on a letter to the Minister of Health on recommendations for Canada's long-term recovery plan. These recommendations can be viewed by visiting the report on the CNA site.

The CFMHN has been invited to be a member of the Mental Health and Chronic Disease Network of the Mental Health Commission of Canada (MHCC). The purpose of this network is to:

- Stimulate new conversations of the intersection of mental health and other physical chronic diseases
- Create a space to share learnings, resources, promising practices and challenges in collaborative care
- Advise the MHCC on priority areas where they are best suited to support action

The CFMHN is also a member of CNA's National Nursing Framework and e-Learnings on the Legalization of Cannabis Advisory Committee. I can't wait to share this final work and the great resources.

As members of CFMHN, it is important to complete your Member Profile. When filled out thoroughly, our collective profiles become a powerful tool. Profiles enable all members to find appropriate contact/s within our federation to source the most relevant information. Everything from, area of practice, credentials, or geographic location can be of great help to filter for the best support available. Please check your profile and make sure it is up-to-date and complete.

I have never been prouder to be a mental health nurse and I continue to encourage you to use your voice to continue advocating support for mental health for all. I would like you to consider volunteering within the CFMHN as our voices are stronger together. Feel free to contact your provincial director to learn more about opportunities within our board and committee work (education, finance, advocacy, membership, communication, and



conference planning). Alternately, stay tuned for some upcoming important strategic planning work that you may get involved in. This is a great opportunity to help shape the direction of the CFMHN and its priorities for the future.

I am looking forward to another productive year of capitalizing on opportunities before us.

Tracy Thiele

5. Committee reports –

Committee reports were distributed within the annual report ahead of the AGM. Tracy inquired if there were any questions re- the committee reports. Hearing none, the meeting moved on.

6. Presentation of the 2019-2020 Financial Report

Presented by Treasurer, Florence Budden

As per our practice, the CFMHN 2019-20 fiscal year, which ended June 30th, 2020 underwent external financial review, in accordance with Canadian accounting standards for not-for-profit organizations. We are happy to confirm, as per the external accountant, that the financial statements presented fairly, in all material respects, the financial position of CFMHN as of June 30, 2020.

The past year was spent focused on getting our finances in order. Our new Association Management provider has implemented changes, including an external financial review, to ensure transparency and accuracy of our finances going forward. We thank Alison Toscano and her team at FSEL for their diligent work to that end.

Thank you, also to Jennifer Rade for the patience and effort to prepare our finances for submission to Revenue Canada.

As seen in our financial statements, though not strong, our finances are clear and help guide us to strengthen our position as we move ahead.

Florence Budden will move the motion that the financial documents for the 2019-20 fiscal year ending June 30, 2020 be approved as presented. Seconded by Stephen VanSlyke.

7. Appointment of Accountant

Florence Budden moved that Jennifer Rade be confirmed to complete the financial review for the fiscal year ending June 30, 2021. Seconded by Lorelei Gibson.

8. Introduction of 2020 - 2021 Board of Directors

Executives

President – Tracy Thiele

President – Elect – Open



Past President – Florence Budden
Treasurer – Florence Budden

Directors at Large

Sarah Flogen
Andrea Thomson
Chris Watkins

Provincial Directors

British Columbia – Cynthia Russell
Alberta – Beverly Lent
Saskatchewan – Cindy Peternelj-Taylor
Manitoba – Candice Waddell
Ontario – Carmen Hust (MHNIG)
Quebec – Christine Genest
Nova Scotia – Adeola Adebayo
New Brunswick – Stephen VanSlyke
Prince Edward Island – Brandi Martin
Newfoundland & Labrador – Jeannie McFarlane
Northwest Territories / Nunavut – Lea Barbosa-Leclerc
Department of Defense representative – Major Paula Walbourne

9. Member Session – Questions

Jane Hughes from Nova Scotia asked who to contact regarding the “Canadian Standards of Psychiatric-Mental Health Nursing”, Carmen Hust said she is the Co-chair of Education and Elaine Santa Mina is Chair of the subcommittee that works on the document. All questions regarding the document may be directed to Carmen Hust.

10. Motion to Adjournment:

Tracy Thiele moved a motion to adjourn the 2020 CFMHN AGM. Seconded by Florence Budden. The meeting adjourned at 11:22am EST.