



**2021 CFMHN  
Annual General Meeting  
November 15, 2021  
Via Zoom Meeting  
- Minutes -**

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**On-Line Attendees:**

Candice Waddell	Florence Budden	Nancy Brookes
Carmen Hust	Heather Mills	Paula Walbourne
Chantille Isler	Ian Sinclair	Sarah Flogen
Christine Genest	Jane Hughes	Sheeba Narikuzhy
Cindy Peternelj-Taylor	Josephine Muxlow	Stephen VanSlyke
Cynthia Russell	Kathy Wong	Tanya Park
Deborah Chernichko	Lea Barbosa-Leclerc	Tracy Thiele
Don Leidl	Lorelei Gibson	
Erika Kahr	Michelle Danda	

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**1. Call to Order**

As quorum is met, as Chair, Tracy Thiele, brought the meeting to order at 2:03 pm E.S.T.

**2. Approval of Agenda**

Tracy Thiele moved to accept the agenda as circulated, seconded by Lea Barbosa-Leclerc. Approved by all.

**3. Approval of the 2020 Annual General Meeting Minutes**

Tracy Thiele moved to accept the Annual General Meeting minutes from November 25, 2020. Seconded by Florence Budden. Approved by all.

**4. President's Report**

As I write my final in the role of CFMHN President, I am amazed at how quickly time has passed. I am proud of the incredible work accomplished by the CFMHN Board and committee members. I would like to especially thank our 2021 conference co-chairs Sarah Flogen and Florence Budden, along with all our planning volunteers that helped make our first virtual conference such a success. As a Federation, we recognized the structural and equity issues which COVID-19 has exposed for our clients and communities, and the toll on nurses including internal equity issues and the exclusion of mental health nursing curriculum in parts of the country. That is why this theme of this year's conferences was Human Rights and Mental Health Nursing: Equity and Inclusion. Even with the success of our virtual



conference, we miss the ability to gather and be together. We hope that it will be safe enough soon for us to return to an in-person conference for 2023 – stay tuned!

The past few years have been a challenging time for everyone and the key aspect that resonates for me through everything is how vital mental health is and how important mental health nurses are to the health and well being of Canadians. I have never been prouder to be a mental health nurse and I continue to encourage you to use your voice to continue advocating and supporting for mental health for all. I would like you to consider volunteering within the CFMHN as our voices are stronger together.

CFMHN has also had a strong national voice and amazing opportunities to collaborate including with the University of Ottawa as an advisory member on their study focused on Mental Health and Substance Use Workforce Capacity in Response to COVID-19. The CFMHN is also a member of CNA's National Nursing Framework and e-Learnings on the Legalization of Cannabis Advisory Committee.

The CFMHN continues to be a member of the Mental Health and Chronic Disease Network of the Mental Health Commission of Canada (MHCC). This past year the CFMHN also was able to join the MHCC on a national forum on the standardization of mental health apps within Canada.

Finally, I would like to thank each member of the CFMHN board and sub committees for your ongoing work, leadership, and commitment. We continue to grow as an organization, and I look forward to seeing what the future holds.

Take care and be safe.

Tracy Thiele, RPN, BScPN, MN  
President, Canadian Federation of Mental Health Nurses

## **5. Committee reports**

Committee reports were distributed within the annual report ahead of the AGM. Tracy inquired if there were any questions re- the committee reports. Hearing none, the meeting moved on.

## **6. Presentation of the 2020-2021 Financial Report**

Presented by Treasurer, Florence Budden

During the past year CFMHN was focused on continuing to increase revenue through various initiatives and improving CFMHN Financial position. We thank Alison Toscano and her team at FSEL, CFMHN Board of Directors and CFMHN Membership for their diligent work and assistance with CFMHN and financial development.



Thank you, also to Jennifer Rade for the patience and effort to prepare our finances for submission to Revenue Canada.

As seen in our financial statements, CFMHN Finances have improved and CFMHN will continue to strengthen our financial position in the next year.

It was asked if CFMHN has set a financial goal, it came from the treasurer that in 2019 CFMHN had such a financial dire picture that the goal was to keep the organization functioning, and we managed to do that. In 2021-22 we will be reviewing how we can increase our financial picture; we have a strategic plan, but a financial goal has not been set.

Florence Budden moves the motion that the financial documents for the 2020-21 fiscal year ending June 30, 2021 be approved as presented. Seconded by Don Leidl. Approved by all.

**7. Appointment of Accountant**

Florence Budden moved that Jennifer Rade be confirmed to complete the financial review for the fiscal year ending June 30, 2022. Seconded by Cindy Peternelj-Taylor. Approved by all.

**8. Introduction of 2020 - 2021 Board of Directors**

***Executives***

President – Tracy Thiele  
President-Elect – Sarah Flogen  
Past President – Florence Budden  
Treasurer – Florence Budden & Stephen VanSlyke  
Secretary – Andrea Thomson

***Directors at Large***

Chris Watkins

***Provincial Directors***

British Columbia – Cynthia Russell  
Alberta – Beverly Lent  
Saskatchewan – Cindy Peternelj-Taylor  
Manitoba – Candice Waddell  
Ontario – Carmen Hust (MHNIG)  
Quebec – Christine Genest  
Nova Scotia – Jane Hughes  
New Brunswick – Stephen VanSlyke  
Prince Edward Island – Brandi Martin  
Newfoundland & Labrador – Chantille Isler  
Northwest Territories / Nunavut – Lea Barbosa-Leclerc



Department of Defense representative – Major Paula Walbourne

**9. Member Session – Questions**

No questions were asked.

The poem titled “May your Dear Body never need... “was read from the book “Faces of Love and the Poets of Shiraz” written by Hafez.

**10. Motion to Adjournment:**

The meeting adjourned at 2:42 pm E.S.T.